

"TARGET TRAINING" AS A COMMUNICATION TOOL



Let's know an interesting way to communicate and teach your horse

What is communication?

Communication is the act of transferring information from "A" to "B".

What is **T**arget **T**raining?

"T.T" is a kind of communication that uses positive reinforcement to get and consolidate new skills or behaviours.

What is "Positive reinforcement"?

It is a process that rewards a proper behaviour of the horse.
It increases the probability that the horse repeats the specific skill or behaviour rewarded.

What about rewards?

A reward is each tiny and grateful thing that is given to the horse. It could be caresses, small portions of food

If you use food, try to use what the horse usually eats.







Watch the video catching the QR code or visit https://voutu.be/W0sKn7-uDD0

Do you want to learn more?

What T.T. is used for?

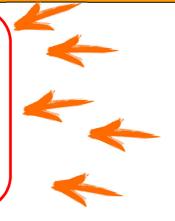


T.T. is useful to communicate with the horse to:

- Facilitate the work of blacksmiths.
- Overcome fears and problems of the horse.
- Facilitate the work of veterinaries.
- Facilitate dressage

How does T.T. work?

- 1.- Choose what you want to teach to the horse.
- 2.- Create an easy progression to reach the final behaviour.
- 3.- Create a "sign" to start the exercise (Auditive or visual).
- 4.- Give the "sign" and wait for the answer.
- 5.- Reward each time if the horse reacts or approaches correctly to the expected answer.
- 6.- Repeat it several times.
- 7.- Increase the complexity following your progression.
- 8.- If one step doesn't work, go back and start again.





A horse repeats the tasks better if it receives pleasant consequences.

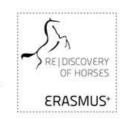
Quiz section (Check with your class mate)



B: Explain the partner a new practice to be reached by the horse using Target Training.

C: Can you use all kinds of food to reward the horse?





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